



Golden West Region

April 2010

### SOROPTIMIST INTERNATIONAL OF THE KACHINAS

Visit: [www.SIKachinas.org](http://www.SIKachinas.org)  
Or call : 602.547.9494

Meetings: Tuesday, 7:00 am  
Bitzee Mama's, Glendale



# Sorooptimist Scoops

## Working with Tweens

On Tuesday, April 27, SI Kachinas have agreed to collaborate with SI Phoenix to work with middle school students from Wilson Middle School in Phoenix.

The topic of the workshop with students is **Cyber-Mation**—guides and safety tips to observe while surfing the net or texting. The workshop helps students think about important decisions and responsibilities they must assume

when using e-mail or texting on their cell phones. Students will look at the

legal and social consequences of sexting. Today's teen averages 2900 texts each month (Nielson Media, 2009), and spends an average of 6 hours a day connected! Today's

Digital Natives will one day be in charge, and we need to help them develop skills and strategies to keep them safe. ☺



Rise to the Challenge

This year's Spring Conference will be held **June 10-12** at La Quinta Resort & Club in La Quinta, California. Highlights will include a **Silent Auction** with the theme of "Glitz and Glamour". Our own **Lynda Riffle** is running for District 4 Director. Dinner and drinks round out the festivities. It's a Kachina-kinda-weekend! Sign up today!

### SIK Club Officers

- JoAnn Garcia, President
- Jackie Doerr, Vice President
- Lynda Riffle, Treasurer
- Lawana Willbrand, Secretary
- Desiree Bendtin, Director
- Virginia Corder, News
- Eileen Birin, Past President

## Upcoming Election Slate

Kachina elections for 2010-2011 are held every May. Don't miss that May Business Meeting. Here's the Candidate Slate.

<u>President:</u>	<u>Veep:</u>
Melissa	Eileen
Heather	Lawana
Ginny	Melissa
Eileen	
<u>Treasurer:</u>	<u>Secretary:</u>
Heather	Melissa
Chris	Sandy P
	Lawana
	Desiree

<u>Director:</u>	<u>Treasurer-elect:</u>
Eileen	Sandy P
Prescilla	Joann G
Sharon	
Heather	



Floor nominations will be accepted on election day. All are welcome.

## Kachina BUNCO!!



Don't miss it! It's the last one.

What: **BUNCO**

Where: **LandscapeMart**

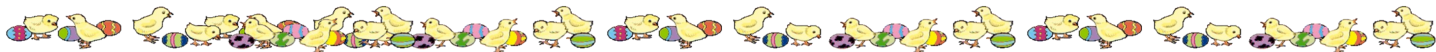
When: **Friday, April 30 @ 6:00 pm**

Why: **Wine, Whimsy and Wha-hoos!**



### April Birthdays

- JoAnn Garcia, April 22



### Upcoming Happenings

- \* **BUNCO** April 30, LandscapeMart, 6:00 pm
- \* **Election of Officers**, May Business Meeting
- \* **Kachina Awards** Breakfast, May 18 at Bitzee Mamas 7:00—8:00 am
- \* **Spring Conference** June 10-12, Palm Springs, CA
- \* **Induction of Officers**, June 2010
- \* **Fall Conference**, October 22 & 23, 2010

## Gold In Our Jeans!

“All that glitters is not gold”; well, that may be true, but you won’t convince Kachinas at the **Cash for Gold** fundraiser! On Friday evening, March 19, Kachinas partnered with Z’s Fine Jewelry to sponsor a first-ever Cash for Gold event; it was not only successful, but lots of fun and very informative!



Store owner Bill Zacharias shared some valuable information with Kachinas.

- In today’s market gold is worth about \$1150 per ounce.
- Gold jewelry is measured in karats and

should have the manufacturer’s trademark.

- The karat refers to the purity of gold. In its purest state, gold is 24 karats, but because it is so soft, it must be mixed with other metals like copper or silver. To be called solid gold, it has to be a minimum of 10 karats.

Bill told us that you can pick up some real values at estate sales; he says you can test it by using a simple magnet. If a gold piece clings to a magnet, *beware*, it’s not gold!

Kachinas found the

evening fun and profitable; we added \$350 to our coffers.

*Badda Boom! Badda Bling!* Alice walked off with a whopping \$1800! We’ll do this again!



*Alice is a happy camper; wonder why?*



### Here is some fun stuff for Girls!

♀ A recent study at Harvard has shown that eating chocolate can actually help you live longer!

♀ Oenophobia is the **Fear of Wines** [not a problem for Kachinas!]

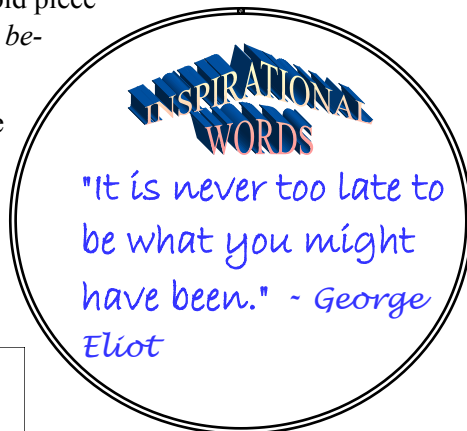
♀ Approximately three million women in the USA sport tattoos.

♀ Seventy percent of women would rather have chocolate than sex (*Poll taken in a 1995 women’s magazine*).

♀ Most lipstick contains fish scales.

### Meet Our Sponsors:

- Arbonne International
- Framin' Works
- Green Acres Glendale Mortuary
- LandscapeMart
- MidFirst Bank
- Sunrise Bank
- The Tulip Tree



**Meet our WOA and VRA winners!** On Tuesday, April 20 our meeting program was the 2010 winners for WOA and VRA. This year’s WOA winner is **Keri Timmons**. Keri is currently struggling to pursue a career in law enforcement.

**Andrea Arellano** is our VRA winner. She is a senior at Maryvale High School and will graduate this May. Andrea hope to one day be a doctor.

Both these young women have high expectations and a strong desire to give to others. They are inspiring and have incredible stories to share.